#### ANTI-CORRUPTION DAY REPORT

The Debates & Seminar Committee of Government Degree College Pulwama in collaboration with Anti-Corruption Bureau (ACB) Anantnag (South Kashmir) organized a seminar on 9th December, 2024, on the observance of "International Anti-Corruption Day". The theme of this seminar was "Role of an Individual in Eradicating the Menace of Corruption".

The seminar aimed to raise awareness about the detrimental effects of corruption and the pivotal role of youth in eradicating this menace. The seminar was attended by dignitaries from the ACB including DySP ACB Mansha Beig, faculty members, and a large gathering of students. The program commenced with a welcome address by Vice-Principal Prof. Irfana Rasool, who emphasized the far-reaching impact of corruption on society's social, economic, political and moral fabric.

Inspector Basharat Ali of the ACB, delivered an insightful speech, reiterating the importance of addressing the root causes of corruption. He urged students to take an active role and responsibility in fostering transparency and accountability, stressing that the youth hold the key to building a corruption-free nation. Corruption poses a challenge to prosperity and stability of nations and undermines rule of law which affects opportunities and drags youth in anti-national activities. Corruption also leads to wastage of resources. A highlight of the event was a seminar, which witnessed enthusiastic participation of students across various semesters. The students presented compelling arguments on the causes, consequences, and possible solutions to different aspects of corruption.

The jury panel, comprising Prof. Alima Mudasir, Prof. Feroza Akther, and Prof. Nadia Shah, assessed the participants' performances. After a lively and insightful session, the jury awarded Ambika Fayaz (1st sem), Muntaha Rashid (1st sem) and Adnan Javid (3st sem) the first, second, and third positions, respectively. All participating students were presented with participation certificates as a token of appreciation. The winners were honored by the guests with prizes and trophies, recognizing their outstanding performances.

The event was skillfully moderated by Mohsin Ahmad Dar, a student of the 3rd semester, ensuring smooth coordination throughout the proceedings. The seminar concluded with a vote of thanks presented by Dr. Showkat Hussain (Asst. Prof. Department of English) expressing gratitude to the organizers, speakers and participants for their contributions to the success of the seminar. The seminar reinforced the message that collective actions led by the younger generation is essential for shaping a society rooted in integrity and honesty.





# Govt. Degree College Pulwama Attendance of the Participants

Name of the Event/Activity: ANTI-CORRUPTION DAY - SEMINAR

D-1-	2-2024
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#### Govt. of Jammu and Kashmir Govt Degree College, Pulwama

#### Report on Art of Living Youth Program for College Students in Jammu and Kashmir (Youth Empowerment and Skills Workshop)

(24-09-2014-27-09-2024)

(Detailed Report)

Four days training workshop on "Youth Empowerment and Skills Workshop (Yes!+)" was organized by the Art of Living Foundation in collaboration with the Higher Education Department Jammu & Kashmir in the Mini Auditorium of GDC Pulwama (Host College) from 24<sup>th</sup> September 2024 to 27<sup>th</sup> September 2024 (10:30 am to 1:30 pm) for 6 colleges including GDC Pulwama (20 students), GDC Women Pulwama (20 students), GDC Tral (20 students), GDC Pampore (10 students), GDC Rajpora (10 students), and GDC Awantipora (10 students). The Carreer Counselling Committee and Academic affairs Committee were organizers in the host college.

#### Day 1

The proceedings of the workshop started with the inaugural session at 10:30 am wherein Prof Waseema, Convenor Career Counselling Committee of the host college, presented welcome address and appreciated and congratulated the organizers for conducting the workshop. Mr. Avinash Tikoo, Director, Youth affairs, The Art of Living Foundation gave introductory remarks about the workshop. Founded in 1981, by H.H. Gurudev Sri Sri Ravi Shankar, Mr. Avinash Tikoo enlightened that The Art of Living Foundation offers highly effective educational and self-development programs and tools that eliminate stress and foster deep and profound inner peace, happiness and well-being. He emphasized that The Art of Living reinforces human values and brings people from varied social, economic, geographic, cultural and religious backgrounds together in a spirit of Service and Celebration. These programs include breathing techniques, meditation, yoga, and practical wisdom for daily living. The Art of Living is present in 152 countries, reaching an estimated 300 million people worldwide with a vision of individual and social stewardship in society. This was followed by a brief lecture by Ms. Mahika Sharma, a dedicated full time faculty member in Art of Living Foundation wherein she briefly discussed about the life skills as the abilities for adaptive and positive behavior that enables individuals to deal effectively with the demands and challenges of everyday life. Afterwards Mr. Avinash Tikoo briefly explained the program schedule for 4 days dividing the content into 12 modules - Personality Development (5 modules), Social Adaptability and Effectiveness (4 modules) and Professional Skills (3 modules).

After introductory session, a series of interactive exercises started:

Activity 1: Introduction by all the participants. This activity was aimed at fostering a sense of connection and mutual belonging among participants.

Activity 2: A riddle test where participants had to resolve riddles. This activity was to emphasize the importance of listening and encouraging careful attention.

Activity 3: Participants were encouraged to ask questions based on what they had heard. This activity highlighted a variety of questioning techniques and emphasized how effective communication is to be required.

Activity 4: To go into the past and think what things bother and generate anxiety. The students were made aware about Psychosomatic Disorders

Activity 5: Many exercises were being performed to uplift energy among students.





#### Day 2:

This day was the Happiness Program

Powerful breathing techniques were being performed that can change one's life. The man aim was to equip oneself with practical knowledge and techniques to unlock ones true potential and bring fullness to one's life. These exercises were being performed to foster well-being through breath, meditation & yoga and to eliminate stress and help individuals develop their highest potential.

Students were made to perform different exercises that taught them to take a right decision, to win the races, to be more responsible towards academics, family and take up ownership for their acts.

Students were taught through different activities how opposite values are complementary to each other.



#### Day 3:

SKY—a powerful rhythmic breathing technique was being done that harmonizes the body-mind complex. Participants noticed reduced stress and anxiety, better sleep, a stronger immune system, and increased energy levels. A combination of asanas and other relaxation exercises were being performed to encourage a calm state of mind, to improve memory and retention and specialized processes to increase confidence and concentration. The workshop provided students with a comprehensive toolbox to manage their emotions and stress as well as dynamically navigate through adolescence. This program broadened vision and provided practical knowledge and skills to realize the highest potential. After undergoing the program, students will acquire enhancement of creative skills, improved memory and concentration, development of leadership qualities and healthy emotions, clarity of mind as well as improved interaction with their peers. It imbibed a passion for excellence and instilled a spirit of volunteerism in the students, creating a strong foundation for nation building. The two main take aways of this day were: "Don't be the football of other people's opinion" and "Don't see intentions behind other people's mistakes."



Day 4:

The two trainers explained the seven levels of existence- body, mind, breath, intellect, memory, soul/self and ego. They provided insights into how these elements interact and influence the overall wellbeing. This was followed by different activities based on compliments for one other as a mark of respect.

This session was followed by valedictory session wherein certificate distribution ceremony was held, all the participants ere acknowledged for successfully completing the workshop. This was followed by concluding remarks by the worthy Principal of the host college Prof. Harris Izhar Tantray wherein he emphasized the importance of such initiatives for the overall development of the students. He highlighted the role of workshops in fostering mental, emotional and physical wellbeing which are essential for personal and academic growth.





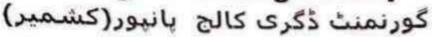


Rapporteur Tabasum Ismail Member Academic Affairs Committee

#### Office of the Principal



# Govt. Degree College Pampore





No. GDC/PMP/2025-26/6-70

Dated 27/ 09/2025

The Principal, GDC Boys Pulwama.

Subject: List of Participants for attending Art of Living Youth Programme in your institution from 06th October, 2025 -09th October, 2025

Sir,

With reference to communication No. DC-HE/K/2025/Art of Living/1601 dated 15-08-2025, kindly find below the list of students nominated to attend the Art of Living Youth Programme scheduled to be held in your institution tentatively from 06th October, 2025 to 09th October, 2025.

S No.	Name	Roll No.	Semester	Major	Contact
01	Tabish Mehraj	23230	5th	Environmental Science	9149981994
02	Seerat Ul Nisar	23287	5th	Environmental Science	9103593886
03	Sehrish Parvaiz	2024023	3rd	Environmental Science	9622118998
04	Rayees Nisar	23284	5th	Environmental Science	9858313917
05	Insha Nazir	2024021	3rd	Zoology	6005330720
06	Mahak Farooq	2024045	3rd	Zoology	9103278223
07	Sadaf Hilal	2024040	3rd	Zoology	9622203802
08	Arzan Aslam	23014	5th	Accounting And Taxation	6006544323
09	Zarka Muzamil	23031	5th	Economics	9541655630
10	Faizan Saif	143	1st	Zoology	7051623493

Principal.

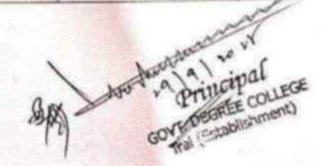
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# Govt. Degree College Tral

List of NSS Volunteers Nominated for Art of Living Youth

S. No.	Name	Leanne	Program	Mindred M. Co., St. Communication of the Communicat	
780 50 700		Semeste	Roll No.	Phone No.	Email ID
1	Romana Sharief	3rd	2410005	8899974850	Karromana284@gmail.com
2	Sumaya Showket	3rd	2404004	7006030335	khandaysumaira16@gmail.com
3	Aarizoo Rashid	3rd	2415045	9906143156	Aarizoorashid70@gmail.com
4	Aabira Jan	3rd	2419037	8491910908	Aabirajan@gmail.com
5	Mira Muskan	3rd	2419038	8082801733	Mir841356@gmail.com
5	Muztaza Mehraj	3rd	2404003	7051009634	meermurtazamehraj@gmail.com
7	Hafiza Banoo	3rd	2411009	9797422528	Ishfaqnaik201@gmail.com
3	Refat Yousuf	3rd	2408055	9596146984	bhtriffu@gmail.com
)	Iram Qayoom	3rd	2408057	7051432415	thokeriram704@gmail.com
10	Misbah Jan	3rd	2411006	9419773557	Misbahjan912@gmail.com
11	Numan Rashid Ganie	3rd	2408002	6006771705	Naumaanrasheed545@gmail.com
12	Mohtasib Pall	3rd	2405004	6005860084	mohtasibp@gmail.com
13	Mir Abrar Javaid	3rd	2419050	9596303424	Meerabrar584@gmail.com
14	Lookman Rashid	3rd	2408053	7051478158	lookmanrashid@gmail.com
15	Azhar Nazir	5th	2306007	9149701612	bhatbabar4184@gmail.com
16	Sagar Yousuf	5th	2313012	8491959166	sagar959166@gmail.com
17	Abrar Naseer	3rd	2408016	8825032571	abrarnaseer255@gmail.com
18	Sarwer Ahmad Sofi	5th	2306009	6006182050	sofisarwar49@gmail.com
19	Sabzar Ah. Bhat	Sth	2317007	9906490064	Bhatarmaan098@gmail.com
20	Musaib Fayaz	5th	2309002	6006829110	Musaibfayaz941@gmail.com



GDC-Womens Pulyama (Art of living)

24/09/24

s for Art of Living Youth Programme

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Semeter

1st

27/09/24

.No	t of Students for Art of Living	Semeter	1
1	Sibat Jan	1st	
2	Munaza Bilal	1st	
3	Qurat ul Ain	3rd	
4	Tabasum Ali	3rd	
5	Sonobr Manzoor	1st	
6	Bazilla Khursheed	1st	
7	Heena Jan	3rd	1
8	Rutba Hamid	3rd	
9	Arbeena Izzat	3rd	1
10	Auroosha Qayoom	3rd	
11	Baseema Mehraj	3rd	_
12	Qurat ul Ain	3rd	1
13	Zunaira Gulzar	1st	1
14	Aarizoo Nazir	3rd	_
15	Munaza Iqbal	3rd	
16	Aarifat Jan	3rd	1
17	Misbah Reyaz	3rd	4
18	Tooba aziziya	3rd	
19	Muskan Nabi	3rd	
20	Aafreen Azad	3rd	



# Govl. Degree College Rajpora

Hospital Road, Near Sports Stadium Rajpora



the Principal Convenment Degree College Prilit HITH

Subject: Nomination of students for Art of Living Youth Program 2025

Sit.

With reference to the above cited subject, below mentioned students of this college shall be deputed to participate in the said events:

s No	Name	Semester	Mobile Number
1.	Iqra Mushtaq	1st Semester	9622938845
2.	Khushboo Ayoub	1st Semester	7006039776
3.	111	1 <sup>st</sup> Semester	7006332968
4.	-	1 <sup>st</sup> Semester	9596529818
5.		5th Semester	7006958416
6.		5th Semester	9320671892
7.		1 <sup>st</sup> Semester	9797146575
8.	Ifayat Nisar	1st Semester	6005580874
9,	No. 2	1 <sup>st</sup> Semester	8492065142
	Mehvish Gulzar	3 <sup>rd</sup> semester	7006574864

Yours sincerely.

Covt. Degree

 Convener Debates and seminar committee for information 2. Coordinator IQAC for information

3. Office file

# Govt. Degree College Pulwama

Date: 24-09-2024 to 27-09-2024

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#### OFFICE OF THE PRINCIPAL

### GOVERNMENT DEGREE COLLEGE AWANTIPORA



Pulwama-192122 Kashmir (J&K)

(Affiliated with Kashmir University)

Finalli gdeamantipotectiganal com No: DCA/25/495 Phone: 9415036852 Date: 661 fb 12025

The Principal Government Degree College Pulwama

Subject: Continuation of Art of Living Youth Program for College Students in the UT of 18K.

Sir,

Apropos of the subject cited above kindly find below the list of participants for GDC Awantipora.

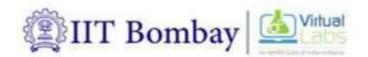
S.No	Name of the Student	Class	Contact No.
1	Abid Bashir	UG 1 <sup>st</sup> Semester	9103708622
2	Uniab Qayoom	UG 1 <sup>st</sup> Semester	9149707484
3	Aatir Ab Rub	UG 1 <sup>st</sup> Semester	9149431062
4	Heena Nazir	UG 1 <sup>st</sup> Semester	7889369101
5	Nazrana Tariq	UG 1" Semester	6006989115
6	Umar Jalal-u-Din	UG 1 <sup>st</sup> Semester	9622480954
7	Shahid Bashir	UG 1" Semester	9541476101
8	Aafreen Akbar	UG 1 <sup>M</sup> Semester	6005192913
and the second second	Umar Farooq	UG 1 <sup>st</sup> Semester	6006024877
9	Maroosa Manzoor	UG 1 <sup>31</sup> Semester	9103397327

Yours faithfully,

Principal
Goyt-Degree College

htipora





#### Attendance Report - 2025 Date:08-06-2024

Institute : Government Degree College Pulwama

NCID: 161

Roll No	Name	Department
220622	mushahid choudhary	Biochemistry
220643	Aaberoo Altaf	Chemistry
230624	Anam Gulzar	Chemistry
230627	Aqif Rafiq	Chemistry
220642	Iqra Yaqoob	Chemistry
220653	Iqrah Rasool	Chemistry
220621	Iram Jeelani	Chemistry
232402	Isbah Salman	Chemistry
220618	Muzamil Ahmad bhat	Chemistry
230621	Nazin Fayaz	Chemistry
230611	Rohie Afzal	Chemistry

220641	Snober Ameen	Chemistry
230612	Suhail Ahmad Ganie	Chemistry
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230612	Suhail Ahmad Ganie	Chemistry
230612	Suhail Ahmad Ganie	Chemistry
220718	Faaiza Un nisa	CLINICAL BIOCHEMISTRY
220706	farzana irshad	CLINICAL BIOCHEMISTRY
220705	Khushboo Mushtaq	CLINICAL BIOCHEMISTRY
230607	Suhail Fayaz	Physics
		- E

Nodal Coordinator	Institute Stamp / Seal	

- 1. Scan and Upload the duly signed ORIGINAL SOFT COPY of attendance.
- 2. Keep the HARD COPY with you in the Virtual Labs file for the record and the verification.

Govt. Degree College Pulwama
Newa Road, J&K- 192301

#### Check list of CME-2024 Event:

1. Account holder Name: Principal, Govt. Degree College Pulwama 2. Program report: Annexure I 3. Expenditure Statement: Annexure II 4. Original bills: Enclosed 5. Photographs: Enclosed 6. Copy of Flyer: Enclosed 7. Photo of Organizing team: Enclosed

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#### Annexure I:

#### Continuing Medical Education (CME) 2024

Theme: Immunology CME: Latest Developments and Techniques Venue: Auditorium, Govt. Degree College Pulwama, J&K, India

Date 16th October 2024

The Department of Biotechnology, Biochemistry, and Clinical Biochemistry at Government Degree College Pulwaria organized the Continuing Medical Education (CME) 2024 on the thome "Immunology CME: Latest Developments and Techniques" on 16th October 2024. The event was attended by I/C Principal, Prof. Irfana, who served as the patron for the day.

Inauguration:

The event Segan with an introduction by Dr. Shah Ubardullah, Assistant Professor of the Department of Blotschnology. He introduced the resource persons for the CMF, such of whom delivered insightful fectures on various expects of immunology. Dr. Quidsia Rashid and Dr. Sabranna from the Department of Clinical Biochemistry and Biotechnology served as rapporteurs, documenting the event proceedings.

Organizing Secretary, Dr. Nivez Ahmad Nakoo, provided an osciview of the CME program, highlighting the objectives and relevance of the session. This was followed by a formal velicine by Prof. Irlana, UC Principal, who, in her address, emphasized the vital role of tremuncings in addressing emerging health threats and ensuring public safety.

Technical Sessions:

The first service featured a lecture by Or. Shaida Andrabi, Associate Professor, Department of Biochemistry, University of Kachmir, on "Flow Cytametry and Immunohistochemistry," Dr. Andrabi discussed in detail the importance of these techniques in direase diagnosis.

The second lecture was delivered by Dr. Syed Hussain Mir. Assistant Professor, Department of Clinical Blochemistry, University of Kashmir, His talk focused on "Principles and Atodomies of imminimaliffusion Techniques: HiA, ELISA, ELISACT, and Western Bioming." Dr. Nor compared the various immunological techniques, highlighting their diagnostic applications in healthcare.

Dr. Invitigal Ahmad Bhat, Consultant in Biochemistry and Immunology at Unipath Specialty Laboratory, Srinager, delivered a lecture on "Immunological Morkers, Cognostics, Immunotherape, and Drug Torgeting." His presentation covered the latest advancements in immunological diagnostics and their clinical implications.

Dr. Muzammil A. Makindoomi, Assistant Professor of Biochemistry at Gost. Degree College Ganderbal, spoke on "Immune Regulation, Immune-Unrespondieness, Teleripice, and Autominutity." Mis talk provided a detailed overview of immune system regulation and its role in autoimmune diseases

The final lecture of the day was delivered by Dr. Shahid M. Raba, Assistant Professor at the Contro for Vocational Studies, Islamic University of Science and Technology (IUST). He discussed "Immonainflormmatory bleckowsms and Hypersensitivity Reactions," offering a comprehensive explanation of different types of hypersensitivity.

At the and of the event, certificates were distributed to the registered puricipants, recognizing their active involvement in the program. The event concluded with a formal vote of thanks by Dr. Shetubaidullah, followed by a group photograph session. Nearly 150 faculty and students from various colleges participated in the CME-2024 event.

The CME 2024 was a nighty informative and successful event, offering valuable insights into the latest developments in immunology, diagnostic techniques, and therapeutic approaches

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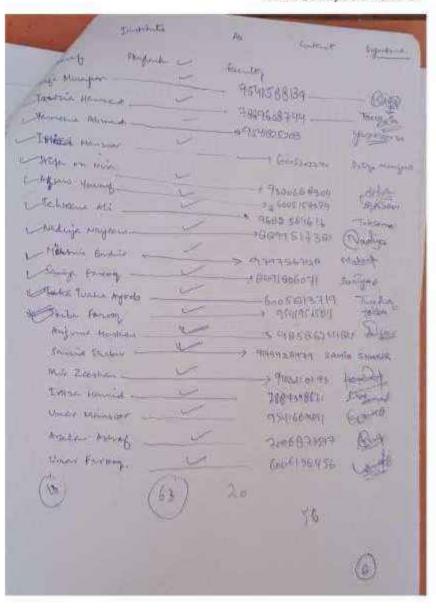
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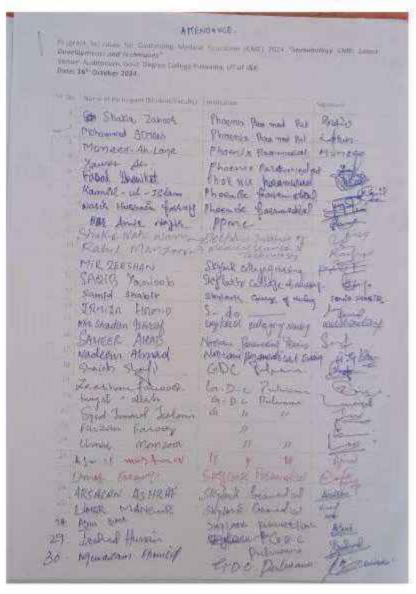
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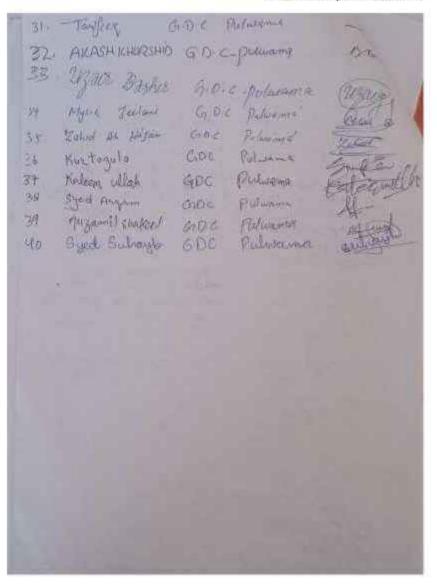
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Continuing Medical Education (CME) 2024

Theme: Immunology CME: Latest Developments and Techniques

Venue: Auditorium, Govt. Degree College Pulwama, J&K, India

Date: 16th October 2024

Time: 10:00 AM to 4:30 PM

The Department of Biotechnology, Biochemistry, and Clinical Biochemistry at Government Degree

College Pulwama organized the Continuing Medical Education (CME) 2024 on the theme "Immunology

CME: Latest Developments and Techniques" on 16th October 2024. The event was attended by I/C

Principal, Prof. Irfana, who served as the patron for the day.

Inauguration:

The event began with an introduction by Dr. Shah Ubaidullah, Assistant Professor of the Department of

Biotechnology. He introduced the resource persons for the CME, each of whom delivered insightful

lectures on various aspects of immunology. Dr. Qudsia Rashid and Dr. Sabreena from the Department of

Clinical Biochemistry and Biotechnology served as rapporteurs, documenting the event proceedings.

Organizing Secretary, Dr. Niyaz Ahmad Naikoo, provided an overview of the CME program, highlighting

the objectives and relevance of the session. This was followed by a formal welcome by Prof. Irfana, I/C

Principal, who, in her address, emphasized the vital role of immunology in addressing emerging health

threats and ensuring public safety.

Technical Sessions:

The first session featured a lecture by Dr. Shaida Andrabi, Associate Professor, Department of

Biochemistry, University of Kashmir, on "Flow Cytometry and Immunohistochemistry." Dr. Andrabi

discussed in detail the importance of these techniques in disease diagnosis. The lecture was followed by

an interactive Q&A session, with participants asking in-depth questions about these diagnostic tools. Dr.

Andrabi was felicitated by Dr. Dilgeer Mehdi, Associate Professor, Department of Botany, Govt. Degree

College Pulwama.

Tea Break was held after the first session.

The second lecture was delivered by Dr. Syed Hussain Mir, Assistant Professor, Department of Clinical

Biochemistry, University of Kashmir. His talk focused on "Principles and Modalities of Immunodiffusion

Techniques: RIA, ELISA, ELISPOT, and Western Blotting." Dr. Mir compared the various immunological

techniques, highlighting their diagnostic applications in healthcare. An interactive session followed,

where students raised pertinent questions about the value of these techniques in clinical diagnostics. Dr.

Mir was then felicitated by the organizers.

Dr. Imtiyaz Ahmad Bhat, Consultant in Biochemistry and Immunology at Unipath Specialty Laboratory,

Srinagar, delivered a lecture on "Immunological Markers, Diagnostics, Immunotherapy, and Drug

Targeting." His presentation covered the latest advancements in immunological diagnostics and their

clinical implications. The session ended with a felicitation ceremony for Dr. Imtiyaz.

Lunch Break was observed after the third session.

Dr. Muzammil A. Makhdoomi, Assistant Professor of Biochemistry at Govt. Degree College Ganderbal,

spoke on "Immune Regulation, Immune-Unresponsiveness, Tolerance, and Autoimmunity." His talk

provided a detailed overview of immune system regulation and its role in autoimmune diseases. The

lecture was followed by an engaging Q&A session with students and faculty.

The final lecture of the day was delivered by Dr. Shahid M. Baba, Assistant Professor at the Centre for

Vocational Studies, Islamic University of Science and Technology (IUST). He discussed "Immuno-

Inflammatory Mechanisms and Hypersensitivity Reactions," offering a comprehensive explanation of

different types of hypersensitivity. His presentation was followed by a lively question-and-answer

session. Dr. Shahid M. Baba was felicitated for his contribution.

At the end of the event, certificates were distributed to the registered participants, recognizing their

active involvement in the program. The event concluded with a formal vote of thanks by Dr. Shah

Ubaidullah, followed by a group photograph session. Nearly 150 faculty and students from various

colleges participated in the CME-2024 event.

The CME 2024 was a highly informative and successful event, offering valuable insights into the latest

developments in immunology, diagnostic techniques, and therapeutic approaches.

Dr. Niyaz Ahmad Naikoo Organizing Secretary

RAGGIR

Prof. (Dr.) Haris Izhar

Principal































### Indian Immunology Society (IIS)

And

Govt. Degree College Pulwama, J&K

Organizing One Day CME

On Immunology: Latest Developments and Techniques (16th October -2024)



- Immune regulation, Immune-unresponsiveness, tolerance and autoimmunity.
- Immuno-inflammatory mechanisms and Hypersensitivity reactions.
- Immunological markers, diagnostics, Immunotherapy, Drug targeting.
- Principles and modalities of immunodiffusion techniques; RIA, ELISA, ELISPOT and Western blotting.
- · Flow-cytometry and Immuno-histochemistry

#### PATRON

Prof. (Dr.) Haris Izhar Tantray Principal Govt Degree College Pulwama J&K India - 192301



16th October 2024



Venue: Auditorium, GDC Pulwama J&K India

#### ORGANISING SECRETARY

Dr. Niyaz Ahmad Naikoo Head, Department of Biotechnology Govt Degree College Pulwama J&K India - 192301 Contact, 7006276920 email: drniyaznaik@gmail.com



#### ORGANISING TEAM

Dr. Shah Ubaid ullah Dr. Qulsum Akhtar Dr. Qudsia Rashid Dr. Parvaiz Ahmad Dar

For information contact 9899594121/9149762796



Registration Date: By or before 14th October 2024

Registration for Medical, Paramedical and Academic students Registration Fee: Students: ₹100/-Faculty: ₹200/-

Free Regiatration for Host College students



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# Department of Clinical Biochemistry &

### Drug De-addiction Cell Govt. Degree College Pulwama

#### Report on Sensitization Lecture on Drug Abuse

Date: 03-12-2024

Venue: Lecture Hall 31, GDC Pulwama







The Department of Clinical Biochemistry, in collaboration with the Drug De-addiction Cell, organized a sensitization lecture on December 3, 2024, addressing drug abuse, its consequences, and societal impact. The session was led by Dr. Qudsia Rashid, Head of Clinical Biochemistry and a member of the Drug De-addiction Cell.

Dr. Qudsia Rashid discussed the harmful effects of drug abuse on physical and mental health, family dynamics, and society. She highlighted the rise in substance abuse among youth and stressed the need for collective action. Preventive strategies, including awareness campaigns and early intervention, were emphasized. Dr. Rashid underscored the role of educational institutions in fostering responsible individuals for a drug-free society.

Additionally, Dr. Parvaiz Ahmad Dar, Assistant Professor of Clinical Biochemistry, elaborated on the long-term physiological and biochemical damage caused by substance abuse. He emphasized proactive measures to protect youth from addiction.

Students actively participated by asking questions and sharing perspectives, reflecting their awareness and willingness to address the issue.

The lecture concluded with a call to action, urging students to stay vigilant, spread awareness, and support anti-drug initiatives. The session provided a valuable platform for educating students on this critical issue.

#### Attendance

#### Sensitization Lecture on Drug Abuse

Department of Clinical Blochemistry & Drug De-addiction Cell Govt. Degree College Pulwama

03-12-2024 S.Na Name Somester Signature. I St Som Donne Arshina Sheli Muskan Lakel Farhana brulyan Ist Eumacia Atlitar ALL ELM XI sem Assheda nearmon Afrigant strang were 9st sen AFTAG-AHMAD 110.60 dan faired Miller Mil

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Department of Clinical Biochemistry

### Debates and Seminars Committee Government Degree College, Pulwama

#### Report on Declamation Contest

As part of Vigilance Awareness Week Celebration 2024, a Declamation contest was held in the Government Degree College, Pulwama, on the 29th of October, on the theme of "Culture of Integrity for Nation's Prosperity." The intra-college competition saw the participation of students across semesters and disciplines. The event was judged by the convener of the Debates and Seminars Committee, Prof Alima Mudasir. Prof Tanveer and Prof Zeeshan organised the event with great success. The participants spoke ornately about the need for ethics and transparency in governance and public administration. At least thirty students participated and graced the stage to demonstrate their oratory skills. Mr Muzamil, a 3th-semester student, was declared the winner by the referee after deliberation on the participants' performances.

The declamations emphasised on the menace of corruption and recommended solutions to promote good governance. Speakers from the departments of English, History, Sociology, Political Science, Arabic, and Biotechnology graced the stage. They spoke about the perils of corruption and allied issues in the society. Both female and male speakers demonstrated remarkable erudition in nationalistic rhetoric, elucidating the need to promote zero tolerance towards corruption. The event enlightened the audience on the values of self-awareness and self-regulation and promoted the inculcation of ethics. The discourse also saw the speakers speak about the positive effects and negative implications of corruption. The event built a spirit of realisation of one's true self in the audience, especially in a world where the future of our nation is at stake.









# Govt. Degree College Pulwama Attendance of the Participants

Name of the Event/Activity: Declaration Contest

(Vigilance Austrian Week)

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### Women Development Cell

Govt. Degree College Pulwama, Kashmir

E-mail:principal@gdcpulwama.edu.in

Newa Road Pulwama

NAAC Accredited Grade "A"

\*\*Govt Degree College Pulwama Celebrates International Day of the Girl Child 2024 \*\*

In connection with the celebration of International Day of the Girl Child, the Women Development Cell of the college organised a day long seminar on the theme "Girls' Vision for the Future" on 11th of October 2024 under the patronage of Dr Haris Izhar, worthy Principal of the college. The inaugural session of the seminar commenced with the introductory remarks by Prof. Syeda Laila Khalid. She in her address reiterated the dire the need to celebrate such days and also highlighted the role of society in making the future of girl child more bright. It was followed by the welcome address delivered by Prof. Irfana Rasool, Convener Women Development Cell wherein she extended a very warm and cordial welcome to all the participants. She also stressed upon the need to listen and respond to the problems faced by girl child. Worthy Principal of the college Dr Haris Izhar in his inaugural address vociferated his hope of girls having bright future as they are proving their mettle in myriad fields and often outshining boys. He also appreciated and congratulated the organizing team for conducting such programmes that ensures the awareness and empowerment of the girl child which will eventually make the kind of world in which they half of humanity is an equal partner in solving the problems of climate change, political conflict, economic growth, disease prevention, global sustainability.



The Inaugural session was followed by the technical sessions in which students from various semesters delivered their brilliant presentations. An inspirational documentary on girl achievers of Kashmir was also screened in the technical session. More than 50 students from various semesters and faculty members from different departments attended the program. Later in the valedictory session, certificates of participation were distributed among the students Vote of Thanks was proposed by Prof. Feroza Akhtar. The program was moderated by Prof. Syeda Laila Khalid and coordinated by Prof. Irfana Rasool.

Sd/-

Prof Irfana Rasool

Convener Women Development Cell

## Govt. Degree College Pulwama

Name of the Event/Activity: Seminare "Girls Vision for the future"

Date: 11th October 2024

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Govt. Degree College Pulwama

Attendance of the Participants

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#### Report on celebration of "National Space Day-2024" on 23 August 2024

Venue: Department of Computer Applications

Organizers: Department of Chemistry, Department of Physics, Research Committee and IIC, Govt.

Degree College Pulwama.



To celebrate maiden "National Space Day-2024" Department of Chemistry and Department of Physics in collaboration with Research Committee and IIC, Govt. Degree College Pulwama organized a One Day Workshop to engage and inspire youth towards the advancements of space technology and its applications. The program started with the opening remarks by Ms. Yasmeen Gul, Associate Professor Department of Physics. In her brief introduction, she highlighted the significance of the Day as being the maiden National Space Day. The day marks a year of completion of successful landing of Vikram Lander from Chandrayaan-3 of Indian Space Research Organization (ISRO). She underlined that India made history on this day last year by becoming the fourth nation to successfully land on Moon and the first to reach its southern polar region. She also emphasized on the theme for this year's National Space Day-"Touching Lives while Touching the Moon: India's Space Saga" highlighting India's achievements in space exploration i.e. journey from launching satellites to landing on the moon.

The first speaker of the day, Dr Gowhar Hussain Bhat, Assistant Professor, Physics, Govt. Degree College, Shopian,in his address, highlighted the achievements of ISRO in space technology and the prestige, sovereignty and international leadership that country has achieved in space science and technology.

The second guest speaker, Dr. Muzaffer Qadir Lone, Department of Physics, University of Kashmir in his online talk gave a lucid presentation on ISRO-mission, key milestones and Chandrayaan Mission I & II. He gave a brief overview of how India progressed from launching of rockets to landing on moon and is

now a key player in international space technology. He further elucidated the key features of Chandrayaan Mission and the evidence and vital data this mission has provided. This has helped design our future explorations and missions, like information about the elements present on lunar surface, thermophysical properties of the moon surface or exploration of earth like planets, he said. He encouraged the student community to pursue basic sciences and remain committed to explorations so that missions like Chandrayaan would continue in future.

The event was held in hybrid mode and the audiences was enthralled by a documentary on the accomplishments of Chandrayaan mission and live streaming of National Space Day celebrations at Bharat Mandapan, New Delhi. The event witnessed an overwhelming response, more than 100 participants attended the event which included members of faculty, students and the other support staff of the college.

In her concluding remarks, Dr. Tabasum Ismail, Coordinator of the workshop said that the celebration of first ever National Space Day 2024 is a testament to the nation's achievements in space exploration and its commitment to future endeavors and with upcoming mission like #Gaganyaan, India is set to reach even greater heights.

Dr Hilal Ahmad Pal, Assistant Professor, Department of Chemistry in his vote of thanks expressed his sincere thanks to all the speakers, participants, students, and the Supporting staff for making this event a success.

The report was prepared by Dr. Shah Ubaidullah, Member Research committee and IIC.



# Govt. Degree College Pulwama

Attendance of the Participants

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Date: 23 - Aug - 2024

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#### **Workshop Report**

Two-Day Hands-On Workshop on "Basic Molecular Biology Techniques"

Organized by the Departments of Biochemistry, Clinical Biochemistry, and Biotechnology

Government Degree College (Boys) Pulwama

Dates: 20th and 21st November 2024

Venue: Departments of Biochemistry, Clinical Biochemistry & Computer Applications

The Departments of Biochemistry, Clinical Biochemistry, and Biotechnology successfully organized a two-day workshop titled "Basic Molecular Biology Techniques" on 20th and 21st November 2024. The primary objective of this initiative was to provide students with theoretical knowledge and hands-on experience in fundamental molecular biology techniques, including PCR (Polymerase Chain Reaction) and agarose gel electrophoresis.

This workshop was attended by 5th-semester students of Biological Sciences and served as a valuable platform to enhance their practical skills, foster critical thinking, and deepen their understanding of molecular biology research tools.

#### Day 1: Primer Designing and PCR

The first day of the workshop began with an engaging presentation by Dr. Tasaduk Wani, from the Department of Biochemistry. His presentation covered the *Basics of PCR*, including its technique, applications, and types. Additionally, Dr. Tasaduk provided a detailed introduction to primer designing, explaining its principles and significance in molecular biology experiments.

Following the presentation, the participants engaged in a technical hands-on session on primer designing. Under the guidance of faculty members from the organizing departments, each participant worked on designing primers using bioinformatics tools. The session provided students with an in-depth understanding of how to design primers suitable for specific PCR reactions, equipping them with essential skills required in molecular biology research.

In the subsequent laboratory session, participants performed a **PCR reaction**. They prepared samples, set up PCR reactions, and gained first-hand experience with the amplification process. The faculty provided step-by-step guidance throughout, ensuring students grasped both theoretical and practical aspects of the technique.

#### Day 2: Agarose Gel Electrophoresis and Knowledge Assessment

The second day of the workshop focused on agarose gel electrophoresis, a technique used to analyze the PCR products from the previous day. Participants prepared and ran agarose gels to separate and visualize the DNA fragments amplified during PCR. This session emphasized critical lab skills such as gel preparation, sample loading, and result interpretation.

To evaluate the participants' understanding of the techniques taught, a **quiz session** was conducted. This activity encouraged active participation and allowed the students to demonstrate their learning outcomes.

#### Feedback and Certificate Distribution

At the conclusion of the workshop, participants provided their feedback, sharing their learning experiences and suggestions for future workshops. The feedback highlighted the hands-on nature of the sessions, which the participants found particularly beneficial for understanding molecular biology techniques.

Finally, participation certificates were distributed to all attendees, recognizing their successful completion of the workshop.

#### Conclusion

The workshop achieved its objective of equipping students with essential molecular biology skills. It provided a comprehensive blend of theoretical insights and practical exposure, enhancing the students' competence in techniques widely used in modern biological research.

The Departments of Biochemistry, Clinical Biochemistry, and Biotechnology are committed to fostering an environment of practical learning and look forward to organizing similar events in the future.

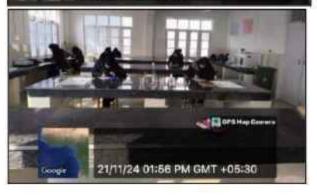
#### Organizing Team:

Heads of Departments and Faculty of Biochemistry, Clinical Biochemistry, and Biotechnology

















# Govt. Degree College Pulwama

Name of the Event/Activity: Basic Molecular Books y Techniques Date: 20 th 1 2151 November 2024.

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### Government Degree College Pulwarna Departments of Biochemistry, Clinical Blochemistry and Biotechnology

#### NOTICE

#### One-Day Workshop on SDS-PAGE

The Departments of Clinical Blochemistry, Blochemistry, and Biotechnology are organizing a one-day workshop on SDS-PAGE (Sodium Dodecyl Sulfate — Polyacrylamide Gel Electrophoresis), a widely used technique in molecular biology, biochemistry, and biotechnology.

Date: 35-04-2025 Time: 10:30 AM

Venue: New Science Building

Participants: 4th and 6th Semester Students

All concerned students are advised to attend the workshop on time.

Coordinators

Department of Clinical Blochemistry

Department of Biotechnology

Department of Biochemistry

Report on One-Day Hands-on Workshop on "SDS-PAGE (Sodium Dodecyl Sulfate Polyacrylamide Gel Electrophoresis)"

Organized by: Departments of Clinical Biochemistry, Biochemistry, and Biotechnology,

Government Degree College (GDC) Pulwama

Date: 25 April 2025

Time: 10:00 AM - 4:00 PM

Introduction:

The Departments of Clinical Biochemistry, Biochemistry, and Biotechnology, GDC Pulwama jointly organized a One-Day Hands-on Workshop on "SDS-PAGE" on 25 April 2025. This workshop was conducted under the DBT Star College Scheme supported by the Department of Biotechnology (DBT), Government of India. The primary objective was to familiarize undergraduate students with SDS-PAGE, an essential protein separation technique widely

used in molecular biology and biochemical studies.

The event was aimed at providing experiential learning in laboratory-based protein analysis techniques and enhancing scientific skill development among students. The workshop specifically targeted students from the 4th and 6th semesters of the three organizing

departments.

Technical Session:

Topic: SDS-PAGE

Resource Person: Dr. Parvaiz Ahmad Dar, Assistant Professor, Clinical Biochemistry

 Dr. Parvaiz Ahmad Dar began the session with a comprehensive explanation of the theoretical background of SDS-PAGE, including the role of SDS, polyacrylamide gels, and electrophoretic mobility in protein separation.

 A detailed, step-by-step demonstration followed, covering gel preparation, sample loading, electrophoresis, and staining/destaining procedures.

 The interactive nature of the session allowed students to ask questions and engage directly with the experimental workflow.

 Emphasis was placed on troubleshooting techniques and understanding band patterns for protein analysis.

Student Participation:

Students from the 4th and 6th semesters of Clinical Biochemistry, Biochemistry, and Biotechnology participated actively in the workshop. Their involvement in both observation

and practical handling enabled them to develop a hands-on understanding of protein electrophoresis.

andring.

Dr. Qudsia Rashid Head

Dept. of Clinical Biochemistry













## Workshop on SDS-PAGE on 25-04-2025 organized by Departments of Clinical Biochemistry, Biochemistry and Biotechnology, Government Degree College Pulwayna

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#### SEMINAR ON DRUG ABUSE

Drug Deaddiction Cell of (DDAC) and the Debates & Seminar Committee of Government Degree College Pulwama organized a seminar on 'Drug Abuse' on 9th December, 2024". The theme of this seminar was "United effort against Drug Abuse – Role of youth".

The seminar aimed to raise awareness about the detrimental effects of drug abuse in our society and the pivotal role of youth in eradicating this menace. The seminar was attended by DySP ACB ManshaBeig, faculty members, and a large number of students. The program commenced with a welcome address by Vice-Principal Prof. Irfana Rasool, who emphasized on the need to make our society drug free and highlighted the responsibilities of the youth.

Inspector Basharat Ali of the ACB, delivered an insightful speech, reiterating the importance of addressing the root causes drug trafficking and its abuse. He urged students to take an active role and become responsible students who can contribute to nation building. The students presented compelling arguments on the causes, consequences, and possible solutions to different aspects of drug abuse.

The jury panel, comprising Prof. Alima Mudasir, Prof. Feroza Akther, and Prof. Nadia Shah, assessed the participants' performances. After a lively and insightful session, the jury awarded AmbikaFayaz (1stsem), Muntaha Rashid (1stsem) and Adnan Javid (3stsem) the first, second, and third positions, respectively All participating students were presented with participation certificates as a token of appreciation. The winners were honored by the guests with prizes and trophies, recognizing their outstanding performances.

The event was skillfully moderated by Mohsin Ahmad Dar, a student of the 3rd semester, ensuring smooth coordination throughout the proceedings. The seminar concluded with a vote of thanks presented by Dr. Nadia Shah expressing gratitude to the organizers, speakers and participants for their contributions to the success of the seminar. The seminar reinforced the message that collective actions led by the younger generation is essential for shaping a society rooted in integrity and honesty.









# Govt. Degree College Pulwama Attendance of the Participants

Name of the Event/Activity: Semmar on Drug ABUSE ....

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### OFFICE OF THE HEAD



# **Department of Botany**

### Govt Degree College Pulwama Newa Road, Pulwama - 192301

(NAAC ACCREDITED GRADE A)

No.: GDC/BOT/23

Dated: 11-10-24

#### One-day Seminar on Environment Laws: A Report

A collaborative seminar was organized by the Departments of Botany and Geography which drew the participation of 21 students. Held at the Botany department's Lab 1, the focus was on the relevance of Environmental Laws in today's context.

At the outset, Dr Masood Majaz (HOD Botany) made the participants aware about the importance of the implementation of the Environment Laws.

Under the adept moderation of Dr. Nighat Jan, two student speakers articulated the practical importance of environmental laws. Dr. Kauser, in conclusion, extended a gracious vote of thanks to all participants, highlighting the seminar's academic significance.

Certificates of participation were awarded to the students, acknowledging their active involvement. The event showcased the benefits of interdisciplinary collaboration, promoting engaging discussions and shared learning.

The seminar's success highlighted the value of cross-departmental initiatives, offering insights into the significance of environmental laws. It served as an exemplary platform for future interdisciplinary discussions on critical topics, fostering a deeper understanding among the participants.





Govt. Degree College Pulwama Attendance of the Participants

Name of the Event/Activity: One - Day Seminar on Environmental
Date: 11-10-24

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### Debates and Seminars Committee Government Degree College, Pulwama

#### Report on Symposium held on "Truth and Non-Violence"

As part of Gandhi Jayanti celebrations, a symposium was held in the Government Degree College, Pulwama, on the 26th of September, the week preceding the Gandhi Jayanti, on the theme of "Truth and Non-Violence—Relevance of Gandhian Philosophy in Contemporary Times." The intra-college event saw the participation of students across semesters and disciplines. Prof Alima Mudasir, the Debates and Seminars Committee convener, organized and refereed the event. Prof Zeeshan, a member of the committee, gave the opening address. Both the members spoke on the topic and emphasized exchanging knowledge and insights among the participants. In their exchange of ideas, the members emphasized the profundity of the Gandhian philosophy and how it could help transform a mind. The participants became more aware of the significance of Gandhi Jayanthi and the importance of Gandhian values and philosophies which can shape their lives. At least ten students participated in demonstrating their oratory skills and their understanding of the topic. Mr Adnan Javid, a 3rd-semester student, was declared the winner by the referee after deliberation on the participants' performances.

The speakers and the participants emphasized various initiatives the institute has taken to inculcate Gandhian ideas on the campus for developing a healthy environment. Speakers from the departments of English, History, Sociology, Political Science, Arabic, and Biotechnology graced the stage to speak about the principles of the Father of the Nation, among which one of the most important was to be self-reliant. Both female and male speakers demonstrated remarkable scholarship in nationalistic rhetoric, elucidating Bapu's idea of 'Satyagraha' and 'Ahimsa.' The event enlightened the audience on self-awareness and truth-seeking as perceived by the Mahatama. The event built a spirit of realization of one's true self in the audience, especially in a divided world where the meaning-making of truth-seeking and non-violence becomes even more critical. The event successfully reinstated and reinvigorated the spirit of Satya and Ahimsa.









# Govt. Degree College Pulwama

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Gout. Degree College Pulwama

Attendance of the Participants

Name of the Event/Activity Symposium "Truth and Non-Violence

Date 26th September 2024

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#### ONE-DAY WORKSHOP ON ELECTORAL PROCESS

### Report

A one-day workshop on Electoral Process was conducted by SVEEP committee in the Mini-auditorium of Government Degree College Pulwama on 11th September, 2024 in anticipation of upcoming General Assembly Elections of UT of Jammu and Kashmir. It was organized to develop awareness about the importance of electoral participation and to give participants hands on training regarding voting process. The workshop aimed at guiding first-time voters comprehensive information on their rights and responsibilities as voters. As such, the workshop was to educate participants on the electoral process, create awareness about the importance of voting and encourage voter registration, especially among young and first-time voters.

The workshop began with a brief introduction to SVEEP and its initiatives aimed at increasing voter turnout. Prof. Imtiyaz Ahmad (Convener SVEEP) provided an overview of the electoral process, including the significance of each step from voter registration to casting of vote. The presentation embodied explanation of roles of various bodies such as the Election Commission of India (ECI), State Election Commissions, and polling officers. The importance of free and fair elections in a democracy was emphasised. Detailed guidance was provided on how to register as a voter with an emphasis on the eligibility criteria. The use of the National Voters' Service Portal (NVSP) for online registration was demonstrated. The facilitator highlighted the power of each vote in shaping the future of the nation. Real-life examples were used to show how voter turnout can influence election outcomes. Documentary on casting of vote on Electronic Voting Machine was screened to students. Students and staff members were given the opportunity to practise casting a vote using a mock EVM set up. A good number of first-time voters appreciated the demonstration of polling mock drill which reduced their concerns about using these machines on election day. The workshop played a crucial role in motivating attendees to participate actively in the upcoming elections, thereby contributing to the strengthening of democracy in the country. Prof (Dr.) Haris Izhar Tantray, worthy principal of the College, presented concluding speech whereby he highlighted the significance of vote in making democracy a success.



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Local 01:20:11 PM GMT 07:50:11 AM

Longitude

74.89775808°

Altitude 1627 meters Wednesday, 11.09.2024



10, College Rd, near Gdc, Pulwama, 192122

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Local 12:47:44 PM GMT 07:17:44 AM

Longitude

74.89778818\*

Attitude 1627 meters Wednesday, 11.09.2024







## Govt. Degree College Pulwama

Attendance of the Participants

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Date: 11-09-2024.

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6	Azhar Muzayfas	25065213	Azhar
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8	Rusba Jan	2506696	Russe
9	Nashual Hagbad	25065199	Nasheral
10	Nudrat Jan	25065194	Nudrat
11	Tabish Mehtay	25065192	Tabish
19	Sevent Yousent	2506700	Secret .
13	Saleh Showlest	2506653	(Select)
14	Shakid Ali'	25065180	Shehid
15	Gousia Rashed	25065172	Gousia
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29	Falak Fayaz	240909	Falak.
30.	Saima Agris	240935	3 wb

Govt. Degree College Pulwama

Attendance of the Participants

Name of the Event/Activity: Workshop on electronal activity

No.	Name	Roll no	Signature
31	Touselford- Pages?	25065110	Tonger
32	Khusson 00	25065098	
53	Subail Ahmad	25065111	minest
34	Mehrish Faying	28065115	Mehrich
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Govt. Degree College Pulwama

Attendance of the Participants

Name of the Event/Activity: Warkshop on electrons activity.

Date: Mf 07/24.

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63	Asik Nosech	241224	Quelt.
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65	Bilkersa Jan	241266	Bilkeusa
66	Mehran Marbool Shah	241293	Whah
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## OFFICE OF THE HEAD DEPARTMENT OF CLINICAL BIOCHEMISTRY

#### GOVERNMENT DEGREE COLLEGE PULWAMA

NEWA BOAD PULWAMA JAMMU AKASHMIR 192001 K-math clinicalhiechemistry is urleastwama.cdn.in

MO.: E GDCP/CLB/32

Websites www.mkroutwama.cob.in Date 29/04/2024

#### NOTICE

#### Subject: Workshop on Virtual Labs in the Department of Clinical Biochemistry

All the students with Clinical Biochemistry as their Major/Minor or Core are hereby informed to attend a workshop and perform following Virtual Lab assignments as per the schedule mentioned below:

Date: 2<sup>nd</sup> May 2024 Time: 12:00 PM

Venue: Browsing Center, Dept of Computer Applications

#### List of Experiments:

Biochemistry Virtual Lab I Qualitative analysis of carbohydrates
 Biochemistry Virtual Lab I Estimation of Glucose in serum

3. Biochemistry Virtual Lab i Quantitative Estimation of Amino Acids by Ninbydrin

andrig.

H.O.D. Clinical Biochemistry (Departmental Coordinator)

#### Report on Workshop on Virtual Labs

Organized by: Department of Clinical Biochemistry, Government Degree College (GDC)

Pulwama

Date: 2 May 2024 Time: 12:00 PM

Venue: Browsing Center, Department of Computer Applications

#### Introduction:

The Department of Clinical Biochemistry, GDC Pulwama, organized a workshop on Virtual Labs on 2 May 2024 to provide students with hands-on virtual experience in fundamental biochemical techniques. The workshop was specifically designed for students enrolled in Clinical Biochemistry as a Major, Minor, or Core subject. By integrating technology-driven simulations, the event aimed to enhance conceptual clarity and practical understanding of key biochemical experiments.

#### Objective:

The primary objective of this workshop was to introduce students to the use of **Virtual Lab simulations** as an alternative platform for practicing and understanding experimental biochemistry. It was intended to support blended learning and promote familiarity with procedures that are part of the undergraduate curriculum.

The session was moderated by **Dr. Parvaiz Ahmad Dar**, Assistant Professor, Clinical Biochemistry.

#### List of Experiments Performed:

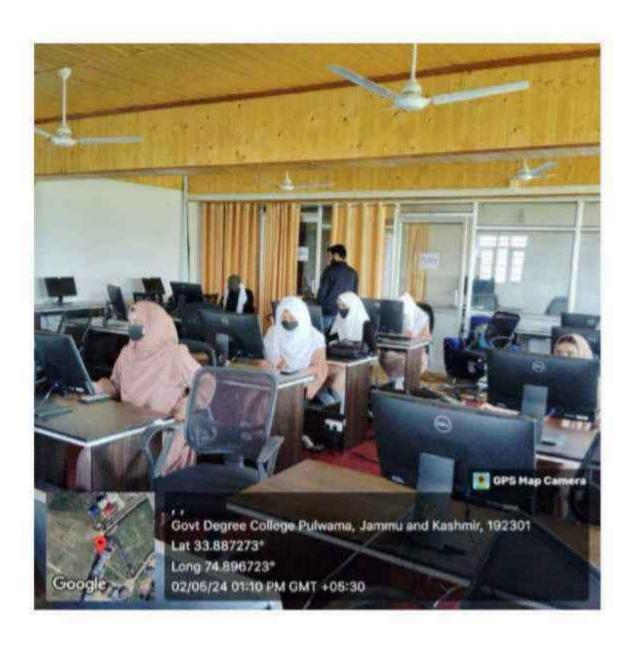
- 1. Qualitative Analysis of Carbohydrates (Biochemistry Virtual Lab I)
  - Students performed virtual tests to identify the presence of various carbohydrates using chemical reagents such as Benedict's, Barfoed's, and Molisch's tests.
- 2. Estimation of Glucose in Serum (Biochemistry Virtual Lab I)
  - A step-by-step virtual simulation of glucose estimation using enzymatic methods helped students understand clinical applications of glucose analysis.
- 3. Quantitative Estimation of Amino Acids by Ninhydrin (Biochemistry Virtual Lab I)
  - The experiment involved the colorimetric estimation of amino acids based on their reaction with ninhydrin, including plotting of standard curves and calculation of unknown concentrations.

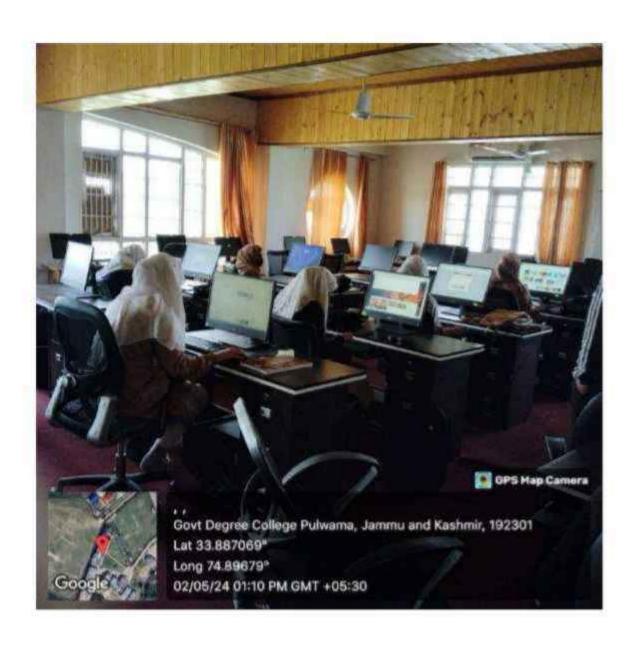
#### Student Participation:

Students actively participated in the simulation-based activities, interacting with the software, following instructions, and recording observations. The use of the Browsing Center at the Department of Computer Applications provided an ideal environment for smooth access to the virtual lab platform.

#### Outcome:

The workshop proved to be an effective learning intervention, allowing students to engage with core laboratory concepts and techniques through digital simulations. It supported the development of analytical thinking and reinforced their theoretical knowledge through guided virtual practice. The session aligned well with the college's commitment to fostering innovative and tech-enabled scientific learning.







# Govt. Degree College Pulwama Attendance of the Participants

Name of the Event/Activity: Workshop on Virtual labs department of Date: 02-05-2024 Clinical Brochemistry.

S. No.	Name	Roll no	Signature
1.	Mehrish Later	25065196	Mehrist.
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5.	Mehrish Jan	2761385	Mehriels.
6	MADINA ALIBER	25065249	
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14	HAMIZ FAROO Q	25065210	QL
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18	glyas Gulgar	25065238	Giyas
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23	Munazah Hameed	250 1,523	Mumara
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26	Kampeena Ali	25 06 52 45	Kamien
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